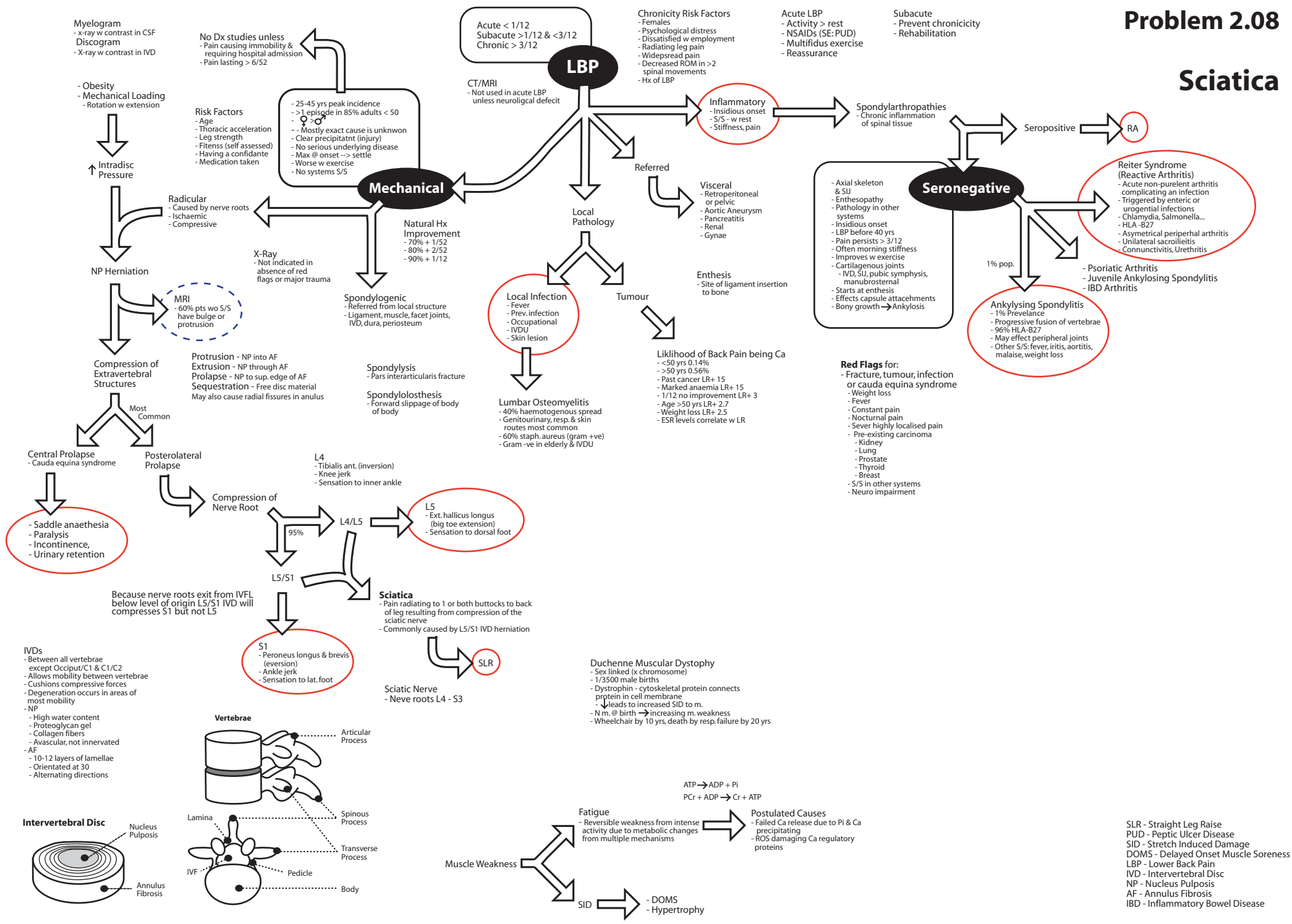


Problem 2.08

Sciatica



SLR - Straight Leg Raise
PUD - Peptic Ulcer Disease
SID - Stretch Induced Damage
DOMS - Delayed Onset Muscle Soreness
LBP - Lower Back Pain
IVD - Intervertebral Disc
NP - Nucleus Pulposus
AF - Annulus Fibrosus
IBD - Inflammatory Bowel Disease